

One to One Conversation Guide

BEFORE

- + Reach out over the phone or in person and schedule a time to connect for 45 minutes or so...no more than an hour!
- + Determine where you will meet. Church is available! Ideally you meet in person.

BEGINNING

- + Arrive. Take a moment to breathe or pray together to begin your time.
- + Here's some questions to get the conversation flowing:
 - + *Tell me about your family and neighborhood?*
 - + *What do you enjoy putting time into?*

MIDDLE

- + Once you've warmed up, turn to questions that invite more depth:
 - + *What are the things that keep you up at night?*
 - + *What prayers do you find yourself repeating over and over?*
 - + *What is your deepest hope for the children in your life?*
 - + *What problems do you see that you wish you could magically fix or solve?*
- + Ask follow-up questions and stay curious about someone's lived experience.
 - + *You mentioned that ... will you tell me more about that?*
 - + *Why does that feel important/significant for you?*

CLOSING

- + Begin to wrap up a few minutes for your agreed upon closing time. Please only continue beyond an hour if there is mutual consent!
- + Be sure to express gratitude and thanks to each other for the time and agree about who will "post" your one to one on the bulletin board.

